

## New Books at the Office of Substance Abuse, Information and Resource Center 2012

### Affected Others:

Codependent No More Workbook by Melody Beattie FAM B369w

Disentangle: When You've Lost Your Self in Someone Else by Nancy Johnston FAM J72d

Pain Recovery for Families: How to Find Balance when Someone Else's Chronic Pain Becomes Your Problem Too by Mel Pohl FAM P748p

Children of Substance Abusing Parents by Shulamith Lala Ashenberg Straussner FAM S912c

### Bullying:

Banishing Bullying Behavior by SuEllen Fried and Blanche Sosland EDU F862b

Cyberbullying and Cyberthreats Edited by Justin Patchin and Sameer Hindaja EDU W694c

### Fetal Alcohol and Drug Effects:

Gender Differences in Prenatal Substance Exposure Edited by Michael Lewis and Lisa Kestler CHE L675a

The Mystery of Risk: Drugs, Alcohol, Pregnancy and the Vulnerable Child by Ira Chasnoff CHE C487m

### Juvenile:

Mommy's Going to Treatment by Denise Crosson JUV C951mg

Mommy's Coming Home from Treatment by Denise Crosson JUV C951mc

Papa Gets Help, a Story of Hope for Children of Alcoholics by Carol Sepulveda JUV S479p

Wishes and Worries: Coping With a Parent Who Drinks Too Much Alcohol (Center for Addiction and Mental Health) JUV W58w

### Prevention:

Marijuana: What's a Parent to Believe? By Timmen Cermak FAM C415m

Alcohol: No Ordinary Commodity: Research and Public Policy by Thomas Babor PRE B113a

The Drug Free Workplace: How to Get There and Stay There by John Fay PRE F282d

Under the Influence: The Town That Listened to Kids by Patty Jo Sawyel PRE S271u

### Self-Help/Personal Narratives:

We All Fall Down: Living with Addiction by Nic Sheff ADO S542w

From Binge to Blackout by Chris and Toren Volkmann FAM V919f

The Truth Begins with You by Claudia Black SEL B672u

Waiting: A Nonbelievers Higher Power by Marya Hornbacher SEL H814w

Mindfulness and the 12 Steps: Living Recovery in the Present Moment by Therese Jacobs-Stewart SEL J17m

The Missing Peace: Solving the Anger Problem for Alcoholics, Addicts, and Those Who Love Them by John Lee SEL L477m

Recovery A to Z by the Editors of Central Recovery Press SEL R3111r

Spiritual Awakenings: Journey of the Spirit (Grapevine) SEL S759s

Spiritual Awakenings II (Grapevine) SEL S759sa

Voices of Long-Term Sobriety (Grapevine) SEL V889v

**Suicide:**

Treating Depressed and Suicidal Adolescents  
by David Brant SUI B839t

Managing Suicidal Risk by David Jobes  
SUI J62m

Healing Suicidal Veterans: Recognizing,  
Supporting, and Answering their Pleas for  
Help by Victor Montgomery SUI M788h

**Treatment and Recovery:**

Handbook of Child and Adolescent Drug and  
Substance Abuse: Pharmacological,  
Developmental and Clinical Considerations  
by Louis Pagliaro and Ann Marie Pagilaro  
ADO P128h

The Use of the Creative Therapies with  
Chemical Dependency Issues by Stephanie  
Brooke CHE B872u

Treating Adult Substance Abuse Using Family  
Behavior Therapy: a Step by Step Approach  
by Brad Donohue CHE D687t

Treating Adolescent Substance Abuse Using  
Family Behavior Therapy: a Step by Step  
Approach by Brad Donohue  
ADO D687ta

The Addiction Solution: Unraveling the  
Mysteries of Addiction through Cutting-Edge  
Brain Science by David Kippler CHE K571a

The Addicted Brain: Why We Abuse Drugs,  
Alcohol, and Nicotine by Michael Kuhar  
CHE K96a

Criminal Conduct and Substance Abuse  
Treatment for Adolescents: Pathways to Self-  
Discovery and Change: A Provider's Guide by  
Harvey Milkman (*coming in May*) CHE M644c

Treating Addiction: A Guide for Professionals  
by William Miller, Alyssa Forcehimes and  
Allen Zweben CHE M652t

Dual Disorders: Essentials for Assessment and  
Treatment by David O'Connell CHE O17d

Gay Men and Substance Abuse: A Basic  
Guide for Addicts and Those Who Care for  
Them by Michael Shelton CHE S544g

Physical Illness and Drugs of Abuse: A  
Review of the Evidence by Adam Gordon  
DRU G662p

The Principles and Practice of Group Work in  
Addiction by Robert Hill GRO H647p

Harm Reduction: Pragmatic Strategies for  
Managing High-Risk Behaviors edited by G.  
Alan Marlatt, Mary Larimer and Katie  
Witkiewitz PSY H287h

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individual in Maine*